



# Quenching the Father Thirst is recommended for Fathers in Challenging Situations

*Based upon research conducted by the National Center for Fathering, and our experiences with local court initiatives, this program provides "culturally" relevant material that addresses many issues for fathers involving fragile families in urban areas.*

## General Information:

*Quenching the Father Thirst: Developing a Dad* is a breakthrough curriculum developed by the National Center for Fathering to train men to become responsible fathers/father figures that love, know and guide their children to success. This research and theory-based curriculum is a blueprint for guided programming interventions with fathers and is designed to be useful for fathers in any social service based setting (courts, prisons, employment agencies, hospitals, drug rehabilitation centers, etc.) in any fathering situation (teen, single, married, divorced, non-custodial, step, father-figures etc.). It is a tool to transform the dysfunctional father into a functioning father and the functioning father into a higher functioning father.

### This curriculum was designed to:

- provide a framework for understanding the role of the father,
- address the systemic barriers to fathering and
- to provide training in specific skills to become the father his child needs.

## CURRICULUM OVERVIEW

### *Quenching the Father Thirst: Developing a Dad*

#### Part I: The Foundation of Fatherhood

<u>Lesson</u>	<u>Summary of Learning</u>	<u>Objective</u>
<b>Lesson 1:</b> The Father Thirst Epidemic	1) The state of important role of the father. 2) When fathers are absent the children suffer. 3) Dad commits to being there for his child.	The Dad will quench his child's father thirst.
<b>Lesson 2:</b> What about the Children?	1) The value of a child and value demonstrated. 2) The primary life needs of a child. 3) Dad makes sacrifices for his child.	The Dad will place his child's needs first.

<p><b>Lesson 3:</b> It takes a man to be a Dad</p>	<p>1) The road to becoming a man. 2) The “mask” of masculinity and the character and role of a real man. 3) It takes a man to be a dad.</p>	<p>The Dad will be a man called to be a Dad.</p>
<p><b>Lesson 4:</b> My Challenges As A Dad</p>	<p>1) Challenges that keep a man from being a dad. 2) The three responses to those challenges. 3) Dads can get help to overcome challenges.</p>	<p>The Dad will never quit being Dad.</p>
<p><b>Lesson 5:</b> My Father And Past History</p>	<p>1) A man’s father shapes him. 2) A man is part of his family picture. 3) Dads resolve a negative family history.</p>	<p>The Dad will forgive his father and family.</p>
<p><b>Lesson 6:</b> My Mother And Women Relationships</p>	<p>1) Characteristic men look for in women. 2) The sources of the conflict. 3) Dad’s mother is the foundation of female relationships.</p>	<p>The Dad will keep healthy relationships with women.</p>

## Part II: Fathering Skills

<u>Lesson</u>	<u>Summary of Learning</u>	<u>Objective</u>
<p><b>Lesson 7:</b> The Father-Mother Partnership</p>	<p>1) Mother as the gatekeeper of a broken gate. 2) The impact on the child caught in the middle. 3) Dad can initiate the repair in the gate.</p>	<p>The Dad will respect and partner with his child’s mother.</p>
<p><b>Lesson 8:</b> Commitment To Physical Development</p>	<p>1) Commitment for a lifetime. 2) Barriers to commitment. 3) Dad commits to developing his child.</p>	<p>The Dad will help his child develop in every way.</p>
<p><b>Lesson 9:</b> Sharing Emotional Encouragement</p>	<p>1) Emotions are a part of who we are. 2) Dad must manage his negative emotions and express positive emotions to empower his child. 3) Dad will understand his child’s emotional needs and learn to meet them.</p>	<p>The Dad will be emotionally healthy towards his child.</p>
<p><b>Lesson 10:</b> Communicating to Connect</p>	<p>1) The importance of communication. 2) How communication bridges a connection with our child. 3) Dad will know his child and his child will know him.</p>	<p>The Dad will take time to listen and make time to talk.</p>

<p><b>Lesson 11:</b> Social Involvement</p>	<p>1) Speaking our child's language of play. 2) Determine to be a part of his child's world. 3) Dad invites his child into his world.</p>	<p>The Dad will be involved with his child.</p>
<p><b>Lesson 12:</b> Consistent Moral Training</p>	<p>1) The importance of passing values. 2) Investing your life experience and counsel. 3) Discipline is about teaching.</p>	<p>The Dad will invest his life in his child.</p>
<p><b>Lesson 13:</b> Making A Life Change</p>	<p>1) All about change. 2) Planning a life course change. 3) Making decision about life changes.</p>	<p>The Dad will follow through on his changes.</p>

### **Author and Trainer George R. Williams**

George R. Williams, Ph.D. (candidate) in Family Studies, is a man builder with a M.S. in marriage and family therapy. For over twelve years he has been a fathering practitioner, master trainer and consultant with the National Center for Fathering. George is recognized as a fathering expert by the Office of Head Start under the U.S. Department of Health and Human Services Administration for Children and Families and has inspired and helped thousands across the country with his creative, engaging and passionate presentations and training.

George has been featured in national media including the *Washington Post*, *Los Angeles Times*, *Kansas City Star*, *Ebony*, *Jet*, *Black Enterprise*, *CNN*, *FOX News*, and *PBS*. He has authored numerous fathering articles and curricula including the curriculum, *Quenching the Father Thirst*, and is a contributing author for the book, *Why Fathers Count*. George and his wife Trudy have three sons and one daughter.