

Keep Calm.

If you are nervous, it will make your child be nervous too. Don't freak out about their roommate or not being able to find where their classes are located. Let it be a calm, but exciting, day.

Be Prepared.

Bring extra cleaning supplies, a tool kit, tape, wall hangers, a first aid kit and a sewing kit... believe us, you'll need it all before you leave.

Be proud.

Remember how proud you are. Your kid is going to college to start leading a successful life! While you may feel sad, this is a proud and exciting moment. Make sure to let them know that.

Offer support.

Be supportive and let your child take the reins. It's their day, let them make the decisions because starting tomorrow you won't be there to.

SMILE!

You may be dreading saying goodbye and you may be exhausted from all of the parent receptions put on by their new university, but keep a positive attitude for your child.

Leave a little surprise.

They may be growing up, but they'll always be your baby and they will appreciate finding a little note or care package from you once you've left.

Avoid Arguments.

You don't want this special memory for your family to be tainted by silly arguments. Plus, it isn't your day or a day to fight with your spouse or ex, it is about your child.

Be Ready to Say Goodbye.

It's the moment you've been dreading all summer... saying goodbye to your child. They're moved in to their new dorm, they've met their new roommates and they're feeling excited to start their first year out on their own. It's going to be tough, but be prepared to say "see you in a few weeks" even if it is before you feel ready.

Tools for the Journey

Dropping Your Child Off At College